

A Disciplined Life

Discipline is one of the marks of effective leaders. Check out these helpful steps on how to live disciplined lives.

Decide to live a disciplined life. Determine which areas of your life need discipline.

Intend to do it regularly and consistently. Discipline is not a one time act but a habit.

Seek the support of accountability partners.

Change what needs to be changed in your routine, environment and schedule.

Interact with people who are disciplined in your current area of weakness.

Plan your tomorrow today. Discipline entails planning and preparation.

Learn the value of delayed gratification.

Instill in your mind the importance if what you desire.

Never take needless shortcuts to achieve success in life.

Enjoy even short term benefits of every sacrifice.

The Rewards of Integrity

Will you stop on a red light even if you're the only driver on the road? Will you declare your income correctly even if you'll get taxed highly for it.? Oprah Winfrey said that, "Real integrity is doing the right thing, knowing that nobody's going to know whether you did it or not." Integrity is who we are when no one is looking.

Why is integrity important? Proverbs 11:3 says, "The integrity of the upright guides them, but the unfaithful are destroyed by their duplicity." Consider the numerous rewards of living with integrity and may you be encouraged to be transparent and honest in all your dealings.

Inner peace

No need to hide anything from anyone anywhere

Trust of other people

Economic gains in the long haul

Good example is set for those who are next in line

Reputable name

Inspiration to others

Truth endures, truth prevails, truth sets free.
Yahweh takes delight in people who live with integrity.

If you want your life and you work to bring honor to God then don't compromise your integrity. Remember Proverbs 11:1, "The Lord abhors dishonest scales, but accurate weights are his delight."

Who is your Big Boss? by Maloi Malibiran-Salumbides

If you were to ask my father to name ten people who made a difference in his life, I'm sure that Ms. Araceli Linsangan would make it to his top ten. Who is Ms. Linsangan? She was Tatay's first boss when he was still an employee at Manila Times. It was Ms. Linsangan who patiently guided my father about the ins and outs of print advertising. But more than the professional training which every boss should give her staff, Miss Linsangan also exposed Tatay and his co-workers to the finer things in life. "I learned a lot from her. She also taught us about fine dining!" Tatay said with grateful pride.

What made my father's first boss one of a kind? Here are four things that I have observed:

- She recognized her people's potentials and encouraged them to dream big.

Tatay's first job at Manila Times was in the utility department. One of his tasks was to deliver materials to the advertising department. Ms. Linsangan spotted him and saw that there was more to this young man than just routing correspondences to different departments. She saw his potentials. Under Ms. Linsangan's tutelage, Tatay became a deskman and was later promoted to advertising account executive.

- She gave them wings to soar high.

This lady boss didn't stop at encouraging people to aim high. She taught them the tricks of the trade. She shared with them valuable information and insights. She didn't just encourage her subordinates to fly, she taught them how to do it.

- She believed in her people. She stood by them.

When my father figured in a workplace conflict which eventually led to his resignation, one of few people who stood by him was his boss. To this day, my father is grateful for the affirmation and support that he got from Ms. Linsangan. His stint at the publishing company didn't last long but the impact of his boss on his life was undoubtedly long-lasting.

- She didn't confine her influence to her people's work. She also influenced their walk.

When our parents were teaching us about fine dining, Tatay said, "I learned this from my first boss, Ms. Linsangan." This boss helped broaden her people's horizons. She helped build-up their confidence. Her influence went beyond the office walls. Indirectly, she also impacted the homes of the people who worked under her.

My father is now president of a company that distributes digital printing equipment and DLP projectors. Several years ago, Tatay took time to know the whereabouts of his first lady boss. When he successfully found where Ms. Lisangan resides, he invited her for lunch and gave her a token gift - a pen. It was his way of thanking her for the indelible mark that she made in my father's life.

Would you like to make it to your staff's top ten list of the most influential people in their lives? Do what Ms. Linsangan did.

- Recognize people's potentials and encourage them to dream big.
- Give your people wings to soar high.
- Believe in your people. Stand by them when others have given up on them.
- Don't limit your influence to just work. Influence your people's walk as well.

If you have a boss like Ms. Linsangan, will you take some time today to appreciate him or her. Send them a text message or call them up to thank them for their positive influence in your life.

If you are a boss, may you be inspired to go out of your way to teach your staff not just about work but also about what matters most in life.

And lastly, I'd like to encourage you to trust THE BIG BOSS who wants you to experience not just a good life but eternal and abundant life. He is Jesus, the one who said, "I have come that you may have life, and have it to the full" (John 10:10). Make Jesus your Big Boss today.

Pray this with me, ***"Lord Jesus, more than anything or anyone in this world, you are the one whom I need most. You are the only One who could make sense out of my hurried and confused life. You are the only one who could cause real change to happen in me. I have been running my life for so long and I am tired. I acknowledge that in trying to live life apart from you I am sinning. Today, I turn my back from sin and I choose to surrender the full control of my life to you. I accept you Jesus as my Savior and Lord.***

From now on, you are the Big Boss that I will be accountable to. In your name I pray, Amen.”

If you prayed this prayer, I'd love to hear from you and send you a few pointers as you begin a fresh relationship with God. Will you let me know about the decision you made today? Email me at protips@febc.org.ph.

The Real Key to Success

What do you think is the key to a successful life and career? You would probably say, hard work, positive attitude, discipline, integrity and relating well with others. While all these are important, the fundamental element to success is found in Psalm 128. Let's read on...

“Blessed is everyone who fears the LORD, who walks in his ways!
You shall eat the fruit of the labor of your hands;
you shall be blessed, and it shall be well with you.
Your wife will be like a fruitful vine within your house;
your children will be like olive shoots around your table.

Behold, thus shall the man be blessed who fears the LORD.
The LORD bless you from Zion!
May you see the prosperity of Jerusalem all the days of your life!
May you see your children's children! Peace be upon Israel!”

Enjoying the fruit of our labor, prosperity, harmony at home, children who bring joy and honor to the family - these are some of the blessings awaiting those who fear God and obey his ways. This perfectly describes how a truly successful life looks like. Do you want this kind of life? You already know the key - fear God and walk his ways!

=====
All the articles on Protips Weekly are written by Maloi Malibiran-Salumbides. Maloi is a broadcaster, conference speaker and corporate trainer. She hosts a string of radio programs over 702 DZAS such as Protips, Masayang Tahanan and DAWN 2010. She has also written devotional articles for The Filipina Bible of the Philippine Bible Society and Church Strengthening Ministry's "Women on the Journey".

Maloi earned her Bachelor of Arts degree from the University of the Philippines and her Master of Arts degree in communication from Wheaton College in Illinois, USA. She also graduated with honors from FEBIAS College of Bible's one-year Basic Bible Course program.

Maloi is married to Atty. Aldwin Salumbides and they have two daughters - Bea and Blessie.